

HIT THE TRAILS THIS SUMMER

Founded in 2009, Evansville Trails Coalition is a non-profit organization that focuses on connecting people to places, promoting active living, and advocating for the development of multi-use trails in the area. In everything ETC does, through advocacy efforts, partnerships, activities, and programs, ETC works toward built environment improvements that support the movement of people of all ages and abilities.

The connections of wards, districts, and regional cities are important for those who run, bike, wheel, and use other forms of recreation and active transportation safely, for health, wellness, and alternative transportation purposes as part of their daily routines. ETC will educate, build awareness and advocate for pedestrians and bicyclists in the I-69 ORX initiative.

In addition to raising awareness, ETC also owns and manages the local bike share program (Upgrade Bike Share). This is made possible due to our generous sponsors, Welborn Baptist Foundation, Toyota, Ivy Tech Community College, Evansville Convention and Visitors Bureau, the Department of Metropolitan Development, and the Raymond Preston Family Foundation. Members enjoy rides from eight stations in Evansville, and one in Henderson, KY. ETC has managed the Upgrade Bike Share Program since 2016 and has never increased the Pay-As-You-Go membership fees. The Evansville Trails Coalition is the only trails advocacy organization in our region.

McKenzie May, Active Transportation Liaison for Evansville Trails Coalition will be the guest speaker on July 27th at the UNOE General Membership Meeting.

For information on membership fees and a map of all the different trails visit www.walkbikeevv.org/trails

Neighborhood Signs & Journals

If you would like a sign for your Neighborhood Association, which promotes neighborhood meetings and events, call the UNOE office at 812-428-4243 and speak with Joe or Casey to make an order. Signs are approximately \$10.00 apiece. Neighborhood must be a member of United Neighborhoods of Evansville to purchase signs.

The UNOE office has copies of the neighborhood journal, "Strength In Neighborhoods: United Neighborhoods of Evansville - Celebrating a 20 Year Journey" available. The journal includes a history of neighborhood associations and of the United Neighborhoods of Evansville. If you would like a copy of the journal, call the UNOE office at 812-428-4243 and speak with Joe or Casey. They are only \$10.00 apiece.

Upcoming Meetings

August 24th - 6:30pm - C.K Newsome Center: Karan Barnhill, Stormwater Coordinator for the City Engineer's Office, will be the guest speaker.

September 28th - 6:30pm - C.K Newsome Center: Candidates Forum for Mayoral, City Council, and City Clerk candidates. Short presentations by each candidate will be given followed by questions from the audience.

October 26th - Bally's Hotel & Casino - United Neighborhoods of Evansville will host the annual Sparkplug Banquet.

In Memorial

This month we mark the passing of a dear friend & neighbor, Carolyn Stagg. Carolyn served as the president of Hilltop Neighborhood Association for over 10 years, was on the board of the Westside Improvement Association, served on the Mayors Task Force focusing on building new city pools, worked with National Night Out, and served as United Neighborhoods of Evansville President. She will be missed by all who knew her.

FAST FACTS



Poisonous Plants

Any person working outdoors is at risk of exposure to poisonous plants, such as poison ivy, poison oak, and poison sumac. When in contact with skin, the sap oil (urushiol) of these plants can cause an allergic reaction.

- Direct contact with the plant.
- Indirect contact (touching tools, animals, or clothing with urushiol on them).
- Inhalation of particles containing urushiol from burning plants.

Symptoms

Red rash within a few days, swelling, itching, and possible bumps, patches, streaking and weeping blisters (blister fluids are NOT contagious).

First Aid

If you are exposed to a poisonous plant:

- Immediately rinse skin with rubbing alcohol, poison plant wash, or degreasing soap (such as dishwashing soap) or detergent, and lots of water. Rinse frequently so that wash solutions do not dry on the skin and further spread the urushiol.
- Scrub under nails with a brush.
- Apply wet compresses, calamine lotion, or hydrocortisone cream to the skin to reduce itching and blistering. Oatmeal baths and antihistamines may relieve itching.

Poison Ivy

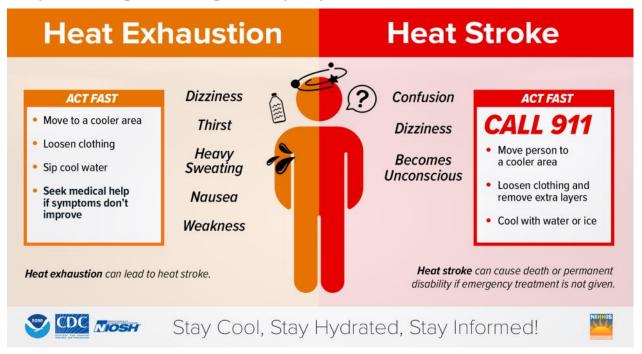
- 3 shiny green leaves
- · 2-5 inches long
- Pointy tips
- Ridged edges
- Found in all regions of the U.S.





BEAT THE HEAT

Effective June 30th, Evansville city leaders have opened the C.K. Newsome Center for people to escape the heat and come inside and cool off. Officials say the C.K. Newsome center lobby will be open until 5pm every day.

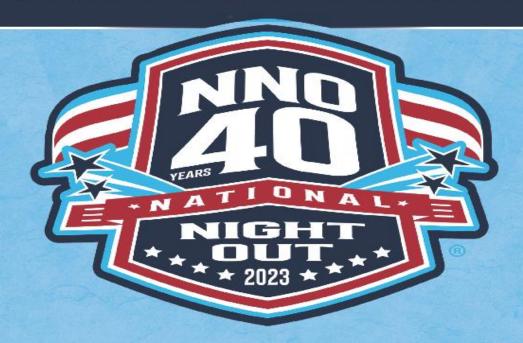


Heat is the top weather-related killer in the United States. According to the National Weather Service, <u>heat causes more fatalities each year</u> than floods, lightning, tornadoes and hurricanes.

- Avoid strenuous activities when hot weather is expected.
- Stay hydrated and nourished. Drink fluids regularly, regardless of the activity level. Avoid sugary, caffeinated and alcoholic beverages because they increase the rate of dehydration.
- Eat small meals more frequently. Although heat may lessen appetites, the body needs proper nutrition to function.
- Take time to cool off. If possible, stay indoors in an air-conditioned building. If the home does not have air conditioning, spend time in an air-conditioned public facility. Check local news to see if there are any local heat-relief shelters.
- Never leave animals, children or elderly individuals inside a vehicle. The temperature inside vehicles can quickly become dangerously high even if the windows are rolled down completely.
- Dress appropriately for the high temperatures. Wear loose-fitting, light-colored clothing. Light colors reflect heat better than dark colors.

The skin and eyes also need to be protected. Wear the proper level of SPF sunscreen, a hat and sunglasses. This will protect the body from harmful ultraviolet rays.

A COMMUNITY-POLICE COOPERATION PARTY



CK NEWSOME CENTER

Tuesday, August 1 • 6PM - 8:30PM

- Children's Firefighting Challenge Course
- Rope Rappelling
- K-9

- SWAT Team
- · Bomb Squad
- · Narcotics Unit
- Crime Prevention Unit

Family, friends and neighbors are invited to come out for a going away party for crime! Enjoy FREE food, indoor and outdoor activities for the community.



Keep Evansville Beautiful



Litter Clean Up

Saturday, August 5, 9am - 11am

Meet at McDonalds on North Main Street at Lloyd Expressway.

Clean up is from the Lloyd Expressway to Columbia Street.

(Gloves & Bags Provided)

Help us keep Evansville safe by reporting streetlight outages.

If you notice a streetlight is out, is flickering or needs maintenance of some kind, report the issue by calling us at 800-227-1376.





Funds are available to:

Lighten the cost of EWSU bill by \$10/month for eligible households

Who qualifies for relief funds:

Combined household income of \$50,000 or less/year Reside within city limits and have active city water service





2023

January

Tuesday, January 17

McDonald's

McDonald's North Main St. 7am-9am

February

Tuesday, February 21



Mission Grounds

5011 Washington Ave. inside Washington Square Mall 7am-9am

March

Tuesday. March 21



Donut Bank 4800 W Lloyd Expy 7am-9am

April

Tuesday, April 18



McDonald's North Main St. 7am-9am

May

Tuesday, May 16



Chick-Fil-A Cross Pointe 7am-9am

June

Tuesday, June 20



Penny Lane 600 SE 2nd St. 7am-9am

July

Tuesday, July 18



Mission Grounds
5011 Washington Ave.
inside Washington Square Mall
7am-9am

August

Tuesday. August 15



Donut Bank St. Joe 7am-9am

September

Tuesday. September 19



McDonald's North Main St. 7am-9am

October Wednesday. October 4



Mission Grounds
5011 Washington Ave.
inside Washington
Square Mall





November

Tuesday, November 21



Chick-Fil-A
Cross Pointe
7am-9am

December

Tuesday, December 19



Donut Bank Lincoln Avenue 7am-9am





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Return Service Requested

To those submitting articles or information to be printed in the newsletter, it must be received by the Office by the 25th of the month to be published for the next month's newsletter.

UNOE Office Hours are:

Monday - Thursday 9:00am - 3:00pm

United Neighborhoods of Evansville 320 SE Martin Luther King Jr Blvd, Suite B Evansville, IN 47713 812-428-4243 Office@unoevansville.org

